

NEWS RELEASE

FOR IMMEDIATE RELEASE September 22, 2016 Toronto, Ontario

WEST RED LAKE GOLD STARTS FALL EXPLORATION DRILL PROGRAM

West Red Lake Gold Mines Inc. ("West Red Lake Gold" or the "Company") (CSE: RLG) (FSE: HYK) (OTCQB: RLGMF) announces the commencement of the Fall 2016 exploration program on the Company's 3100 hectare West Red Lake Project located in the Red Lake Gold District, Northwestern Ontario, Canada.

The drill program is designed to further explore the Structural Intersection area where regional geological structures intersect, and also to explore the expansion potential of the Rowan Mine Zones. Both exploration target areas are located on the Rowan Mine joint venture property which is 60 percent owned by West Red Lake Gold and 40 percent owned by Goldcorp affiliate Red Lake Gold Mines.

Recent early stage exploration drilling into the highly prospective Structural Intersection target area has identified the presence of high grade gold in the Pipestone Bay St Paul Deformation Zone and has also identified high grade gold in the NT Zone. Exploration activity is ongoing to identify potential locations for significant gold deposition in the Structural Intersection target area. The intersection of the two regional gold bearing structures represents a classic Red Lake target.

The exploration plan is to drill two holes in the Structural Intersection target area to follow up on the results from Hole RLG-16-31 with the two drill holes targeting the area where there is an apparent hinge or fold in the NT Zone.

Six drill holes are planned at the Rowan Mine property to expand the Rowan Mine Zones to depth below the Inferred Resource Estimate dated February 16, 2016 which is reported to NI 43-101 standards. The Rowan Mine Zones are hosted within a sequence of hydrothermally altered mafic volcanics with intercalated felsic volcanics and porphyries as well as ultramafics. The gold mineralization is associated with quartz veining and increased iron sulphide mineralization.

The three former gold mines on the West Red Lake Project property are situated on the east-west trending Pipestone Bay St Paul Deformation Zone, a regional geological structure which crosses the Company property and continues east to the town of Red Lake. The regional scale Golden Arm Fault Structure and the sub-parallel NT Zone cross onto the West Red Lake Project from the south boundary and trend northeast for 2 km to where they merge and intersect with the Pipestone Bay St Paul Deformation Zone. The intersection of the regional scale geological structures form the Structural Intersection target area which is located 1.5 km east of the Rowan Mine Shaft.

The Company property is situated on the Red Lake Archean Greenstone Belt which hosts the high grade gold mines of the Red Lake Gold District. The Pipestone Bay St Paul Deformation Zone strikes east-west across the twelve kilometre property, and then continues east towards the town of Red Lake. Twenty kilometres to the east a similar geologically important intersection of two regional gold bearing structures occurs proximal to the world class Red Lake Mine and Campbell Mine, providing a highly favourable geological model and illustrating the significant exploration potential for high grade gold zones on the Company's West Red Lake Project.

The information presented in this news release has been reviewed and approved by Kenneth Guy, P.Geo., a consultant to West Red Lake Gold and the Qualified Person for exploration at the West Red Lake Project, as defined by National Instrument 43-101 "Standards of Disclosure for Mineral Projects".

West Red Lake Gold Mines Inc. is a Toronto-based minerals exploration company focused on gold exploration and development in the prolific Red Lake Gold District of Northwest Ontario, Canada. The Red Lake Gold District is host to some of the richest gold deposits in the world and has produced 30 million ounces of gold from high grade zones. The Company has assembled a significant property position totalling 3100 hectares in west Red Lake (the "West Red Lake Project") which contains three former gold mines. The Mount Jamie Mine and Red Summit Mine properties are 100% owned by the Company and the Rowan Mine property is held in a 60%-owned joint venture with Red Lake Gold Mines, a partnership of Goldcorp Inc. and Goldcorp Canada Ltd. The West Red Lake Project property covers a 12 kilometre strike length along the Pipestone Bay St Paul Deformation Zone and the Company plans to continue to explore the property both along strike and to depth. To find out more about West Red Lake Gold, please visit our website at http://www.westredlakegold.com.

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The Canadian Securities Exchange has neither approved nor disapproved the contents of this news release. Certain statements contained in this news release constitute "forward looking statements". When used in this document, the words "anticipated", "expect", "estimated", "forecast", "planned", and similar expressions are intended to identify forward looking statements or information. These statements are based on current expectations of management, however, they are subject to known and unknown risks, uncertainties and other factors that may cause actual results to differ materially from the forward-looking statements in this news release. Readers are cautioned not to place undue reliance on these statements. West Red Lake Gold does not undertake any obligation to revise or update any forward-looking statements as a result of new information, future events or otherwise after the date hereof, except as required by securities laws.

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