

**April 22, 2009** 

Symbol: HHS.CNSX Frankfurt Exchange: H9T

# **NEWS RELEASE**

# HI HO SILVER GRANTS 200,000 STOCK OPTIONS

Hi Ho Silver Resources Inc. ("Hi Ho Silver" or the "Company") announces that it has granted Incentive Stock Options on a total of 200,000 shares of the company's capital stock, exercisable for up to two years at an exercise price of \$0.10 per share to Peter Ball an officer and director of the company.

### For more information contact:

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Signed,

HI HO SILVER RESOURCES INC.

"Fred Fisher"

Fred Fisher,

President & C.E.O.

The CNSX Stock Exchange has not reviewed and does not accept responsibility for the adequacy or the accuracy of the contents of this document.

# NOT FOR DISTRIBUTION IN THE UNITED STATES OR TO U.S. PERSONS

#### Forward-Looking Information:

This release may include certain statements that may be deemed "forward-looking statements". All statements in this release, other than statements of historical facts, that address future production, reserve or resource potential, exploration drilling, exploitation activities and events or developments that Hi Ho Silver Resources Inc. (the "Company") expects to occur, are forward-looking statements. Such statements are identified in this release by the use of words such as "will" and "expected" as well as the use of the future or conditional tense. Although the Company believes the expectations expressed in such forward-looking statements are based on reasonable assumptions, such

statements are not guarantees of future performance and actual results or developments may differ materially from those in the forward-looking statements. Factors that could cause actual results to differ materially from those in forward looking statements include market prices, exploitation and exploration successes, and continued availability of capital and financing and general economic, market or business conditions. Investors are cautioned that any such statements are not guarantees of future performance and actual results or developments may differ materially from those projected in the forward-looking statements. The Company does not assume any obligation to update or revise its forward-looking statements, whether as a result of new information, future events or otherwise.