

Regal Resources Inc.

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REGAL RESOURCES ANNOUNCES INITIAL EXPLORATION WORK AND RECEIVES EXTENSION OF PERIOD FOR CONDUCTING EXPLORATION ON CORNUCOPIA PROPERTY

July 30, 2009; Vancouver, B.C. **Regal Resources Inc.** (“Regal Resources” or the “Company”) (CNSX: RGR) announces that a consulting geologist and a mining engineer retained by the Company conducted an initial field exploration program on the Cornucopia property earlier this month. Due to extremely thick young second growth trees and bushes on the property, certain historical showings were not located. However five new quartz veins were discovered.

The consulting geologist expects that the Ministry of Forests will implement a forest closure in the area of the Cornucopia property on account of the current high risk of forest fires and he recommends that the current exploration program be delayed until the fall of this year.

The Company has received the consent from the optionor of the Cornucopia property to extend, to December 31, 2009, the period during which the Company is required to incur a minimum of \$50,000 in exploration expenditures on the property. The terms of such extension have been formalized in a property option amendment agreement dated July 30, 2009 between the Company and the optionor of the property.

About Regal Resources Inc.

Regal Resources has an option to acquire a 100% interest in the Cornucopia mineral exploration property, which is located in the Victoria Mining Division of British Columbia. The Cornucopia property is located in the favorable Sicker Group of rocks along strike with the nearby Twin J deposit.

For more information, contact Harvey Dick, at Tel. (604) 687-8607 and e-mail harveydick@shaw.ca.

On Behalf of the Board of Directors,

Regal Resources Inc.

Per:

President and Director

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